

Kingsburg Rotary Club presents the 29th Annual

2010 DALA HORSE TROT

www.dalahorsetrot.com

Saturday, May 15 Downtown (Coffee Pot) Park Kingsburg CA

* 2 Mile Walk, 7:05 am 2 Mile Run, 7:05 am 10K/6.21 Mile Run, 7:00 am

Registration Fees: Before May 1 May 1 to May 14 NO Race Day Registration
 Ages: 09 & under \$12 \$15.00 ONLY race number &
 Ages: 10 & Over \$20 \$25.00 T-shirt pickup ONLY!

Entries received by April 30th - shirt held until 6:30 am Race Day!

Walk-Up Registration & T-Shirt Pickup - Friday, May 14 ~ 4:30 pm to 7:30 pm

In front of Kingsburg Chamber of Commerce Office, 1475 Draper Street, Kingsburg

Race Day - Race Number & T-Shirt Pickup - be prompt! ONLY 30 minutes ~ 6:00 am to 6:30 am

Downtown Park - Marion and Lewis Streets - near start line. NO Race Day registration!

Awards & Results - Awards ceremony held ASAP near start line

ALL events, overall awards to Male and Female with the "Best time" and 1 thru 3 places in each age group listed on entry form. NO award duplications.

Course Description - Start & Finish at Kingsburg's Downtown (Coffee Pot) Park - on Marion Street

10K to the left (west side), 7:00 am; 2 Mile to the right (east), 7:05 am

Residential areas, fully paved. Intersections monitored & water stops on the course.

Finish & refreshments - please, follow chute workers instructions

Directions to Kingsburg

Just east of Highway 99. Exit #112 - go east on Hwy 201 (Conejo/Sierra Street); turn right (go south) onto Marion Street. Start/Finish area is one block south of Draper Street.

Benefits

Kingsburg Rotary Club Community Improvement Projects

Information

Web: www.dalahorsetrot.com Email: dalahorsetrot@yahoo.com Telephone: 559.288.5012

Dala Trot is part of the 2010 Swedish Festival sponsored by the Kingsburg Chamber of Commerce - Fri, May 14 & Sat, May 15!

Official results by Pro Race Group of Fresno www.proracegroup.com Email: info@proracegroup.com

2010 DALA TROT Entry Form ♦ Please, print legibly ♦ ONE entrant per form

Name - First _____ Last _____

Address (include Apt. or Box Number) _____

City _____ State _____ Zip _____

Email _____ Telephone _____

Gender (circle): Male Female Age on Race Day: _____

Shirt Size (circle ONE): NO SHIRT REQUESTED Youth: S M Adult: S M L XL 2XL

For entries received BEFORE May 1st, shirts are reserved until 6:30 am Race Day!

Circle ONE Age Group to indicate Event Entry - Awards: Overall & 1 thru 3 places in each Age Group					
	2 Mile RUN, 7:05 AM	2 Mile WALK, 7:05 AM <small>Award winners must WALK entire course!</small>	10K/6.21 Mile Run, 7:00 AM		
05 - UN	17 - 19	40 - 44	65 - 69	09 - UN	50 - 59
06 - 08	20 - 24	45 - 49	70 - 74	10 - 29	60 - 69
09 - 10	25 - 29	50 - 54	75 - OV	30 - 39	70 - 79
11 - 13	30 - 34	55 - 59	Winch	40 - 49	80 - OV
14 - 16	35 - 39	60 - 64		<i>To run, jog or skip, please enter RUN!</i>	

Waiver (read & sign below): In consideration of your accepting my entry, I, intending to be legally bound, do hereby for myself, my heirs, executor, and administrators, waive and release any and all right to claims and damages I may incur against Kingsburg Rotary Club, the City of Kingsburg, and all sponsors, race officials, volunteers, or their agents for any and all injuries, ailments or other consequences suffered by me resulting from my participation in the 2010 Dala Trot. I attest that I am physically fit to participate and have full knowledge of the risks of being involved. I have carefully read and understand the contents of this waiver.

Signature _____ Date _____
 (parent or guardian signature if under 18 years of age)

PLEASE, do NOT mail after May 10th - come to Walk-up Registration. NO RACE DAY REGISTRATION - T-SHIRT PICKUP ONLY!
Registration Fees BEFORE May 1st May 1st to May 14th
 Ages: 09 & under \$12.00 \$15.00
 Ages: 10 & over \$20.00 \$25.00
 Make check or money order payable to Kingsburg Rotary Club. Be sure to read and sign waiver.
 Mail to: KRC - Dala Trot
 1513 Draper St.
 Kingsburg CA 93631